



HOW DO I SIGN UP FOR CLASSES?

[Click here](#) to view instructions on how to register for classes. If you need additional assistance, please contact Program Director Kori Doring at kori@firstteenh.org

WHAT IF I AM HAVING TROUBLE REGISTERING?

We use an online registration system for Sagamore, Rockingham and North Conway registrations. If you are having difficulty registering, please email kori@firstteenh.org.

HOW DO I DETERMINE WHAT LEVEL MY CHILD IS CURRENTLY?

Please [Click Here](#) to view the placement tool. Once your account has been setup email kori@firstteenh.org to make any changes to your participant's levels. You will not be able to make this change by yourself.

HOW OLD MUST MY CHILD BE TO REGISTER FOR CLASSES?

We offer Target classes for 5 1/2 & 6-year-olds – If your child will be at least 5 ½ at the time of class please email Kori and she will help with registering your 5 ½ year-old. Children ages seven (7) to eighteen (18) are eligible for classes. Children must turn the minimum age by the class start date.

WHAT HAPPENS ONCE I AM REGISTERED?

First Tee Program Director will email you the week prior to the start of each class you registered for with detailed information like start and end time, location, and other pertinent information. These emails are sent to you as a friendly reminder. If you have a Hotmail email address please add kori@firstteenh.org to your contact list as these emails will most likely be sent to your spam/junk folder.

CLASS ARRIVAL TIME

We ask that all participants arrive 10 minutes prior to class start time. This will allow all participants to receive any information from our coaches, staff or volunteers, or any materials needed and warm-up prior to class. Class starts promptly on time so if you are late it can be confusing for the coach and the child to catch up with everyone.

AM I ALLOWED TO STAY AND WATCH CLASS?

While you are always allowed to stay and observe we have found the children do MUCH better when parents are not present. They are much less distracted from the task at hand.

WE ARE BRAND NEW TO FTNH, WHEN WE ARRIVE AT SAGAMORE, WHERE DO WE GO?

The FTNH office is location in the lower level of the Sagamore driving range building. Someone will be outside either setting up or waiting to check you in 10 minutes prior to the start of class.

DOES MY CHILD NEED PRIOR GOLF EXPERIENCE?

There is no prior golf experience needed. Our coaches are trained in positive youth development. That means they are experts in making young people feel comfortable and assure they have a positive, non-intimidating experience.

IS EQUIPMENT PROVIDED OR DOES MY CHILD NEED TO BRING CLUBS?

We will provide clubs to those who don't have them and have successfully requested clubs during the registration process. There will be a question during registration about your child's need for clubs. If they are needed you will be asked for dexterity and height. Students with their own clubs should bring them to each class.

WHAT SHOULD MY CHILD WEAR?

Children are required to wear closed toe shoes. Sneakers or golf shoes are preferred as we will have a warm-up portion of the class. Students are asked to wear neat attire and collared shirts are preferred. In the case that golf clothing is not an option, activewear is permissible. Children should be dressed appropriately according to weather conditions.

WHAT ARE LEVELS OF CLASSES?

Progressing through each level typically takes 1-2 years per level. For example, you may find your participant is at Player, PAR or BIRDIE level 2 years in a row.

- Target (required minimum age 5 ½) – with use of real clubs and SNAG golf clubs participants are introduced to the game of golf.
- PLAYer (required minimum age 7) – Tee up for the first time and learn the game of golf and First Tee's Code of Conduct.
- PAR (recommended minimum age 9) – Focus on interpersonal and self-management skills on and off the course.
- Birdie (recommended minimum age 11) – Emphasis on setting goals and making them a reality.
- Eagle (recommended minimum age 13) – Learn resilience, conflict resolution, and future planning.
- Ace (required minimum age 14 or entering 9th grade) – Put it all together and hone in on setting goals, career education, and giving back to the community.

MY CHILD WAS AT PLAYER LEVEL LAST YEAR, WHY ARE THEY AT PLAYER LEVEL THIS YEAR?

This is typical for First Tee progression. First Tee Home Office usually requires 20+ hours at each level, but our coaches use their discretion as to which level they believe will be most beneficial to all involved. Ultimately, we care about making sure your participant is enriched and well-served by our programming.

WHEN ARE CLASSES HELD?

We offer Spring, Summer, and Fall classes. The first class is during NH school's April vacation week. We then go after school through May and most of June. July and August are our busiest months. Fall classes are offered after school in September and October – the fall schedule typically opens in early August.

WHERE CAN I FIND FIRST TEE LOCATIONS IN NEW HAMPSHIRE?

By going to our home website clicking on the Locations tab the dropdown menu will display all of the locations throughout NH that First Tee Life Skills Experience is offered.

WHAT IS THE CLASS DURATION?

Class length varies by location. At the Sagamore location classes are 1 hour/day for TARGET. 1 hour to 1 ½ hours for some PLAYER classes. Most PAR and BIRDIE Level classes are 2 hours long.

INCLEMENT WEATHER POLICY

In the case of inclement weather, we will do everything possible to hold classes. We only cancel a class when there is severe weather, but keep in mind that class can be held indoors at some of our locations.

We will only make the decision to cancel class one hour prior to the start of class and parents will be notified via email.

WHAT ARE CLASSES LIKE? (WHAT IS THE CHILD-TO-COACHES RATIO?)

Classes are taught by trained coaching staff and volunteers. Class sizes are 6:1 student to coach ratio. Groups are led through a variety of golf skills including putting, pitching, chipping and full-swing while First Tee Life-Skills Experience is seamlessly included in the curriculum.

I CANNOT REMEMBER WHICH CLASS I SIGNED UP FOR, WHERE CAN I FIND THAT?

If you log in to your FTNH account and click on the dropdown menu on the top right. Click "Payment History" then on the far left you will see a + sign. Click on the + sign and you will see a link that says Receipt View. If you click receipt view you will view all the dates and times you signed your kids up.

WILL EACH CLASS BE DIFFERENT THAN THE NEXT?

Each class is a little different. The game of golf consists of full swing, chipping, pitching, and putting, those things never change. We will always work on the fundamentals. Some games we play will be the same and the ideas will be the same, but what makes all golfers improve is consistency so repetition is positive.