

Core Value Worksheet



Core Value: Perseverance – to keep going no matter what

To play well in golf, PLAYers must keep going through tough breaks and their own mistakes. It is important to learn from past actions.

A PLAYer learns about the Code of Conduct and shows perseverance in his/her actions by:

1. Trying his/her best regardless of how he/she is playing
2. Learning from his/her past actions

What does PERSEVERANCE mean to me? _____

Away from the First Tee

I showed PERSEVERANCE at home when I: _____

Date and place I did this: _____

HEALTHY HABITS

I used the Healthy Habit of _____ at home when I: _____

Date I did this: _____

Golf Activity – PERSEVERANCE

What do I think?

How many steps do I think a healthy person takes in one day? _____

How many steps do I think I will take while paying 9 holes of golf? _____

What snacks and drinks do I have in my bag today, or usually have, that will help me feel good while playing golf? _____

What golf clubs do I like to carry in my bag? _____
