

Core Value Worksheet



Core Value: Judgment – to make a decision or form an opinion

Using good judgment is very important in golf. It makes a difference when you are deciding where to hit the ball and what club to use. It also helps you make good choices about your Energy and Safety.

A PLAYer learns about the Code of Conduct and shows judgment by:

1. Making healthy choices at the golf course, such as being physically active (walking the course), drinking water and eating healthy snacks
2. Making decisions about which clubs to use on a variety of golf shots

What does good JUDGMENT mean to me? _____

Away from the First Tee

I showed JUDGMENT at home when I: _____

Date and place I did this: _____

Next time I play golf, I will bring these snacks and drinks for my golf bag to help me play my best: _____

HEALTHY HABITS

I used the Healthy Habit of _____ at home when I: _____

Date I did this: _____

Golf Activity – JUDGMENT

What unit is used to measure a golf course? Inches? Feet? Yards? Miles? _____

What are things I need to think about before leaving my house to play golf? _____

List everything I need to bring with you to the golf course? _____
