

HOW DO I SIGN UP FOR CLASSES?

[Click here](#) to view instructions on how to register for classes. If you need additional assistance, please contact Program Director Kori Doring at kori@thefirstteenh.org

WHAT IF I AM HAVING TROUBLE REGISTERING?

We use an online system for Sagamore, Hanover and North Conway registrations. If you are having difficulty registering, please email kori@thefirstteenh.org. If the problem is not resolved, please call our office.

HOW DO I DETERMINE WHAT LEVEL MY CHILD IS CURRENTLY?

Please [Click Here](#) to view the placement tool. Email kori@thefirstteenh.org if you need help changing Levels once your account has been setup.

HOW OLD MUST MY CHILD BE TO REGISTER FOR CLASSES?

We offer Target classes for 5 & 6-year-olds. Children ages seven (7) to eighteen (18) are eligible for classes. Children must turn the minimum age by the class start date.

WHAT HAPPENS ONCE I AM REGISTERED?

The Program Director will email you the week prior to the start of each class you signed up for with detailed information like start and end time, location, and other pertinent information. These emails are sent to you as a friendly reminder.

CLASS ARRIVAL TIME

We ask that all participants arrive 10 minutes prior to class start time. This will allow all participants to receive any information from our coaches, staff or volunteers, or any materials needed and warm-up prior to class. Class starts promptly on time so if you are late it can be confusing for the coach and the child to catch up with everyone.

AM I ALLOWED TO STAY AND WATCH CLASS?

While you are always allowed to stay and observe we have found the kids do MUCH better when parents are not present. They are much less distracted from the task at hand.

WE ARE BRAND NEW TO TFTNH, WHEN WE ARRIVE AT SAGAMORE, WHERE DO WE GO?

The TFTNH office is location in the lower level of the Sagamore driving range building. You can either follow the path to the left of the building down and around to the back. Or come in the front door and down the stairs to the right. All kids check in at the TFTNH office and make themselves a name tag for each class.

DOES MY CHILD NEED PRIOR GOLF EXPERIENCE?

There is no prior golf experience needed. Our coaches are trained in positive youth development. That means they are experts in making young people feel comfortable and assure they have a positive, non-intimidating experience.

IS EQUIPMENT PROVIDED OR DOES MY CHILD NEED TO BRING CLUBS?

We will provide clubs to those who don't have them and have successfully requested clubs during the registration process. Students with their own clubs should bring to each class.

WHAT SHOULD MY CHILD WEAR?

Children are required to wear closed toe shoes. Sneakers or golf shoes are preferred as we will have a warm-up portion of the class. Students are asked to wear neat attire and collared shirts are preferred. In the case that golf clothing is not an option, activewear is permissible. Children should be dressed appropriately according to weather conditions.

WHAT ARE LEVELS OF CLASSES?

- Target (required minimum age 5) – with use of real clubs and SNAG clubs participants are introduced to the game of golf.
- PLAYer (required minimum age 7) – Tee up for the first time and learn the game of golf and The First Tee's Code of Conduct.
- PAR (recommended minimum age 9) – Focus on interpersonal and self-management skills on and off the course.
- Birdie (recommended minimum age 11) – Emphasis on setting goals and making them a reality.
- Eagle (recommended minimum age 13) – Learn resilience, conflict resolution, and future planning.
- Ace (required minimum age 14 or entering 9th grade) – Put it all together and hone in on setting goals, career education, and giving back to the community.

WHEN ARE CLASSES HELD?

We offer Spring, Summer, and Fall classes. The first class is during NH school vacation week in April. We then go after school through May and most of June. July and August are our busiest months. Fall classes are offered in September and October.

WHERE ARE CLASSES HELD?

By going to our home website clicking on the Locations tab the dropdown menu will display all of the locations throughout NH that TFT Life Skills Experience is offered.

WHAT IS THE CLASS DURATION?

Class length varies by location. At the Sagamore location classes are 1 hour/day for TARGET. 1 hour to 1 ½ hours for some PLAYER classes. PAR and BIRDIE Level classes are 2 hours long.

INCLEMENT WEATHER POLICY

In the case of inclement weather, we will do everything possible to hold classes. We only cancel a class when there is severe weather, but keep in mind that class can be held indoors at some of our locations.

We will only make the decision to cancel class one hour prior to the start of class.

Please DO NOT CALL the golf course or facility for an update.

We will email parents if class is going to be canceled at least 1 hour prior to the start of class.

WHAT ARE CLASSES LIKE? (WHAT IS THE CHILD-TO-COACHES RATIO?)

Classes are taught by trained coaching staff and volunteers. Class sizes are 6:1 student to coach ratio. Groups are led through a variety of golf skills including putting, pitching, chipping and full-swing while The First Tee Life-Skills Experience is seamlessly included in the curriculum.

I CANNOT REMEMBER WHICH CLASS I SIGNED UP FOR, WHERE CAN I FIND THAT?

If you log in to your TFTNH account and click on the dropdown menu on the top right. Click "Payment History" then on the far left you will see a + sign. Click on the + sign and you will see a link that says Receipt View. If you click receipt view you will view all the dates and times you signed your kids up.

WILL EACH CLASS BE DIFFERENT THAN THE NEXT?

Each class is a little different. The game of golf consists of full swing, chipping, pitching, and putting, those things never change. We will always work on the fundamentals. Some games we play will be the same and the ideas will be the same, but what makes all golfers improve is consistency so repetition is positive.